

# No Bake, Pressed Granola Bars

With label-friendly natural, non-GMO sweeteners and whole grain ingredients

<b>Ingredients</b>	<b>Volume</b>	<b>Grams</b>	<b>Percent</b>
<b>BriesSweet™ Tapioca Syrup 42DE</b>	<b>1/2 cup</b>	<b>170</b>	<b>36</b>
Brown Sugar	1/4 cup	40	9
Peanut Butter	1/4 cup	64	14
Cocoa Krispies® Cereal	3/4 cup	36	8
Crispy Rice Cereal	3/4 cup	20	4
Rollled Oats, Quick Cook	1-1/2 cups	130	28

## Method

1. Lightly grease a 9" x 9" baking pan.
2. Combine cereals and oats in large bowl. Set aside.
3. In medium saucepan combine tapioca syrup and brown sugar.
4. Heat over medium heat until sugar is completely dissolved.
5. Whisk in peanut butter.
6. Pour syrup mixture over dry ingredients.
7. Stir until completely coated.
8. Quickly press firmly into pan.
9. Cool and cut.



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