Par Baked Crusty Dinner Rolls

Natural Briess Dough Improver softens the crumb and extends shelf life

Delease

| | BRIESS |
|---|------------------------|
| | MALT & INGREDIENTS Co. |
| I | All Natural Since 1876 |

| | | | | Bakers | |
|-----------------------------------|-----------|-------|---------|---------|--|
| Ingredients | Volume | Grams | Percent | Percent | |
| Bread Flour | 3 cups | 375 | 58 | 100 | |
| Briess® Maltorose™ Dough Improver | 1 tbsp | 10 | 2 | 3 | |
| Salt | 1-1/2 tsp | 9 | 1 | 2 | |
| Active Instant Yeast | 2 tsp | 7 | 1 | 2 | |
| Butter, Melted and Cooled | 1 tbsp | 14 | 2 | 4 | |
| Egg White | 1 large | 36 | 6 | 10 | |
| Warm water (110º F) | 8 oz. | 200 | 31 | 53 | |
| | | | | | |



Method

- 1. Place flour, dough improver, salt and yeast in a bowl and mix thoroughly.
- 2. Add melted butter, egg white and water. Mix until the dough forms a ball. It the dough is too dry, add up to 2 oz. of water.
- 3. Knead until smooth, about 2 minutes.
- 4. Remove dough to lightly floured surface (dough will be sticky). Use wet hands rather than flour.
- 5. Knead lightly to form a round and place in a greased bowl. Cover and let rise for about 1 hour.
- 6. Degas and turn onto lightly floured surface. Divide into 10 pieces. Roll each piece into a ball.
- 7. Arrange on a parchment paper lined cookie sheet and let rise 30 minutes.
- 8. Bake at 400° F for 6 min. They will just start to brown.
- 9. Cool on rack, wrap well and freeze.
- 10. Bake at 400° F for 9-12 minutes.

Briess Malt & Ingredients Co.

625 South Irish Road Chilton, WI 53014 <u>www.Briess.com</u> <u>info@briess.com</u> 920.849.7711